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Patient Instructions for Surgical Implant Procedures

Two days before surgery:

1. Start to take the prescribed antibiotics as directed.
2. Start rinsing with the Peridex oral antibiotic, **three** times a day.
3. Confirm your appointment with us.
4. Arrange a ride if needed.

One day before surgery:

1. Make sure to continue taking your pre-medication.
2. Continue rinsing with Peridex.
3. Read and write down any questions you might have about your consent form.
4. Get a good night rest.

Day of surgery:

Before you arrive:

1. Take your pre-medication antibiotics.
2. Rinse with Peridex.
3. Bring your consent form and any questions with you to your appointment.

After implant surgery:

1. Place an ice pack on surgical area every 20 minutes for approximately **eight to twelve** hours following surgery.
2. **NO SMOKING.**
3. Drink lots of fluids.
4. No sucking through a straw.
5. **NO WATERPICKING.**
6. Eat soft food; avoid the surgery area when eating.
7. No strenuous activity until given the okay by your doctor.
8. There may be a bandage on area covering the sutures, **do not remove it.**
9. Avoid the area when brushing.
10. No rinsing vigorously, gently rinse with the Peridex three times a day until instructed to discontinue.
11. Continue taking your prescribed antibiotics as directed.
12. Take Advil/Aleve and/or Tylenol (if unable to take Advil/Aleve) as needed.
13. No sneezing or blowing nose.
14. Sleep slightly elevated with an additional pillow if needed.
15. Place a towel on your pillow, due to the possibly oozing from the surgical area.

Two- three days after surgery:

1. Post-op appointment.
2. We will remove the bandage, (if it hasn't fallen off) and examine the area.
3. We may cover the surgical sight with more of the bandage.
4. Continue to take your antibiotics and rinsing with Peridex as directed.

Five-Seven days after surgery:

Post op. Appointment:

1. We will remove the bandage, if it hasn't fallen off.
2. We will remove sutures.
3. We will place a temporary tooth if needed.
4. Continue to take your antibiotics as directed.

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